




MUSTANG FOOTBALL 2023 SUMMER CALENDAR



JUNE						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
28-May	29-May	30-May	31-May	1	2	3
		WEIGHTS / SUMMER PREP PRACTICE				
		PAD CHECK OUT				
4	5	6	7	8	9	10
	WEIGHTS	WEIGHTS	WEIGHTS	WEIGHTS		
	PRACTICE	SPEED/INDY	PRACTICE	SPEED/INDY	SMW 7ON7	
11	12	13	14	15	16	17
	WEIGHTS	WEIGHTS	WEIGHTS	WEIGHTS		
	PRACTICE	SPEED/INDY	BVN SCRIM	SPEED/INDY		
18	19	20	21	22	23	24
	WEIGHTS	WEIGHTS	WEIGHTS	WEIGHTS		
	PRACTICE	WU CAMP	ROCK 7ON7	SPEED/INDY		
25	26	27	28	29	30	
	WEIGHTS	WEIGHTS	WEIGHTS	WEIGHTS		
	PRACTICE	SPEED/INDY	PRAC./SW 7ON7	SPEED/INDY		
	6-8 GRADE CAMP 9:00-11:00 am					

JULY						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
						1
2	3	4	5	6	7	8
KSHSAA MORATORIUM JULY 3-8 - OFF						
9	10	11	12	13	14	15
	WEIGHTS	WEIGHTS	WEIGHTS	WEIGHTS		
	9-12 GRADE HIGH SCHOOL CAMP				GOLF TOURNAMENT	
		MV SCRIM		GE SCRIM		
16	17	18	19	20	21	22
	WEIGHTS	WEIGHTS	WEIGHTS	WEIGHTS		
	YOUTH CAMP 6:00-7:45 pm					
23	24	25	26	27	28	29
SUMMER BREAK - OFF						

AUGUST						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
30-Jul	31-Jul	1	2	3	4	5
	WEIGHTS	WEIGHTS	WEIGHTS	WEIGHTS		TEAM MTG 9 AM
	SPEED/INDY	SPEED/INDY	SPEED/INDY	SPEED/INDY		PARENT MTG 10:00 AM
				MOM'S HUDDLE		FAMILY BBQ 12:30 PM
6	7	8	9	10	11	12
	BOOT CAMP					
	FRESHMAN LIFT/CONDITION					
13	14	15	16	17	18	19
	1ST WEEK OF PRACTICE					
						NAVY/WHITE SCRIMMAGE
20	21	22	23	24	25	26
					MUSTANG NIGHT LIGHTS	
27	28	29	30	31	1-Sep	4
					BEAT MIEGE	



#W2D #6STRONG

- MAY 30 - JUN 2 - WEIGHTS / PAD CHECK OUT / SUMMER PREP PRACTICE 6:30-9:30 (Grades 9-12)
- JUNE 5 - START OF SUMMER WEIGHTS PROGRAM 6:30 AM (Grades 9-12 together) Followed by Weights or Speed
- JUNE 9 - 7ON7 TOURNAMENT @ SHAWNEE MISSION WEST (Grades 10-12)
- JUNE 14 - BVN CAMP VS LANSING, SPRING HILL 8:30-10:30 am (Grades 9-12)
- JUNE 20 - WASHBURN UNIVERSITY CAMP 7:30-4:00 (Grades 10-12)
- JUNE 21 - ROCKHURST 7ON7 W/ OLATHE NORTH 8:30-10:00 (Grades 10-12)
- JUNE 26-29 - 6-8 GRADE CAMP 9:00-11:00AM
- JULY 10-13 - HIGH SCHOOL CAMP (Grade 9-12)
- JULY 11 - SCRIMMAGE @ MILL VALLEY W/ GARDNER EDGERTON (Grades 9-12)
- JULY 13 - SCRIMMAGE @ GARDNER EDGERTON W/ LAWRENCE FREE STATE (Grades 10-12)
- JULY 14 - GOLF TOURNAMENT @ ST ANDREW'S
- JULY 17-20 - YOUTH CAMP 6:00-7:45 PM - COACHES CLINIC TO FOLLOW 8:00-9:00 pm
- JULY 21-29 - SUMMER BREAK - TRY TO SCHEDULE VACATIONS DURING THIS WEEK
- JULY 28 - 7ON7 @ BVSW VS MULTIPLE
- AUGUST 3 - MOM'S HUDDLE 6PM-730PM - SOCIAL FOLLOWING
- AUGUST 5 - TEAM MEETING 9AM, PARENT MEETING 10AM, MUSTANG FAMILY BBQ 1230PM - LOCATION TBD
- AUGUST 7-? - BOOT CAMP 5:55 AM
- AUGUST 14 - FIRST DAY OF PRACTICE
- AUGUST 19 - NAVY/WHITE SCRIMMAGE
- AUGUST 25 - MUSTANG NIGHT LIGHTS